

HOLY TRINITY GREEK ORTHODOX CHURCH

Reverend Father Constantine Simeonidis Proistamenos

Reverend Father Kyriakos Hambos Ephemerios

Orthros 8:15 a.m.; Divine Liturgy 9:30 a.m.

April 21, 2024 - Sunday of St. Mary of Egypt

The Holy Hieromartyr Januarius and Those With Him; Our Holy Father Maximian, Patriarch of Constantinople; Theodore the Holy Martyr & his mother Philippa of Perge; Alexandra the Martyr; Anastasios the Monk of Sinai; Beuno, Abbot of Clynnog

Matins Gospel: Mark 16:1-8

Ἐωθινόν: Κατὰ Μάρκον 16:1-8

Epistle Reading: Hebrews 9:11-14

Ἀπόστολος: Πρὸς Ἑβραίους 9:11-14

Gospel Reading: Mark 10:32-45

Εὐαγγέλιον: Κατὰ Μάρκον 10:32-45

Memorial Service: Angela Hughes (1 year)

HYMNS FOR THE SMALL ENTRANCE

Resurrectional Apolytikion: Mode pl. 1

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection.

Entrance Hymn: Mode 2

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Resurrectional Apolytikion: Repeated

Apolytikion for the Devout Woman: Mode pl. 4

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels.

Apolytikion for Memorial: Mode pl. 4

Remember, O Lord, as You are good,* Your servants, and forgive every sin they have committed in this life.* For no one is sinless except You,* Who have power to grant rest to those who have fallen asleep.*

Apolytikion of the Church: Mode pl. 4

Blessed are You, O Christ our God,* who made fishermen all wise,* by sending down upon them the Holy Spirit,* and through them,* drawing all the world into Your net.* O Lover of mankind, glory to You. (Hymns Continued.....)

Kontakion: Mode pl. 4

A protection of Christians unshamable,* intercessor to our Holy Maker, unwavering,* reject not* the prayerful cries of those who are in sin.* Instead,* come to us, for you are good,* your loving help bring unto us,* who are crying in faith to you:* hasten to intercede* and speed now to supplicate,* as a protecton for all time,* Theotokos, for those who honor you.

Hymn to the Theotokos: In you, O Lady full of grace, all creation rejoices, the hosts of Angels and the human race. O consecrated temple and allegorical Paradise, virgins boast of you. For God became incarnate from you, yes, our eternally existing God became a child from you. He made a throne of your womb, and He made your body wider than the heavens. In you, O Lady full of grace, all creation rejoices. Glory to you!

Special Services this Week: Monday, April 22, Great Compline 5:00 p.m.; **Wednesday, April 24,** Pre-Sanctified Liturgy 6:00 p.m.; **Friday, April 26,** Pre-Sanctified Liturgy 6:00 p.m.; **Saturday, April 27,** Saturday of Lazarus, Orthros 9:00 a.m., Divine Liturgy 10:00 a.m. See special Holy Week Schedule.

Ὁ ΑΠΟΣΤΟΛΟΣ

Προκείμενον. Ἦχος α΄

ΨΑΛΜΟΙ 32.22,1

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ’ ἡμᾶς.

Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ

Πρὸς Ἑβραίους 9:11-14

Ἀδελφοί, Χριστὸς δὲ παραγενόμενος ἀρχιερεὺς τῶν μελλόντων ἀγαθῶν, διὰ τῆς μείζονος καὶ τελειοτέρας σκηνῆς, οὐ χειροποιήτου, τοῦτ’ ἔστιν, οὐ ταύτης τῆς κτίσεως, οὐδὲ δι’ αἵματος τράγων καὶ μόσχων, διὰ δὲ τοῦ ἰδίου αἵματος εἰσῆλθεν ἐφάπαξ εἰς τὰ ἅγια, αἰωνίαν λύτρωσιν εὐράμενος. Εἰ γὰρ τὸ αἶμα ταύρων καὶ τράγων, καὶ σποδὸς δαμάλεως ῥαντίζουσα τοὺς κεκοινωμένους, ἀγιάζει πρὸς τὴν τῆς σαρκὸς καθαρότητα, πόσω μᾶλλον τὸ αἶμα τοῦ Χριστοῦ, ὃς διὰ πνεύματος αἰωνίου ἑαυτὸν προσήνεγκεν ἄμωμον τῷ θεῷ, καθαριεῖ τὴν συνείδησιν ὑμῶν ἀπὸ νεκρῶν ἔργων, εἰς τὸ λατρεύειν θεῷ ζῶντι;

THE EPISTLE READING

Prokeimenon. Mode 1

Psalm 32.22,1

Let your mercy, O Lord, be upon us.

Verse: Rejoice in the Lord, O ye righteous.

Hebrews 9:11-14

BRETHREN, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) he entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify your conscience from dead works to serve the living God.

THE GOSPEL READING

Mark 10:32-45

At that time, Jesus took his twelve disciples, and he began to tell them what was to happen to him, saying, "Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise." And James and John, the sons of Zebedee, came forward to him, and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What do you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant of James and John. And Jesus called them to him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For the Son of man also came not to be served but to serve, and to give his life as a ransom for many."

ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Μάρκον 10:32-45

Τῷ καιρῷ ἐκείνῳ, παραλαμβάνει ὁ Ἰησοῦς τοὺς δώδεκα μαθητάς αὐτοῦ καὶ ἤρξατο αὐτοῖς λέγειν τὰ μέλλοντα αὐτῷ συμβαίνειν, ὅτι ἰδοὺ ἀναβαίνομεν εἰς Ἱεροσόλυμα καὶ ὁ υἱὸς τοῦ ἀνθρώπου παραδοθήσεται τοῖς ἀρχιερεῦσι καὶ γραμματεῦσι, καὶ κατακρινοῦσιν αὐτὸν θανάτῳ καὶ παραδώσουσιν αὐτὸν τοῖς ἔθνεσι, καὶ ἐμπαΐξουσιν αὐτῷ καὶ μαστιγώσουσιν αὐτὸν καὶ ἐμπτύσουσιν αὐτῷ καὶ ἀποκτενοῦσιν αὐτόν, καὶ τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται. Καὶ προσπορεύονται αὐτῷ Ἰάκωβος καὶ Ἰωάννης υἱοὶ Ζεβεδαίου λέγοντες· διδάσκαλε, θέλομεν ἵνα ὁ ἐὰν αἰτήσωμεν ποιήσης ἡμῖν. ὁ δὲ εἶπεν αὐτοῖς· τί θέλετε ποιῆσαί με ὑμῖν; οἱ δὲ εἶπον αὐτῷ· δὸς ἡμῖν ἵνα εἷς ἐκ δεξιῶν σου καὶ εἷς ἐξ εὐωνύμων σου καθίσωμεν ἐν τῇ δόξῃ σου. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς· οὐκ οἶδατε τί αἰτεῖσθε. δύνασθε πιεῖν τὸ ποτήριον ὃ ἐγὼ πίνω, καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζομαι βαπτισθῆναι; οἱ δὲ εἶπον αὐτῷ· δυνάμεθα. ὁ δὲ Ἰησοῦς εἶπεν αὐτοῖς· τὸ μὲν ποτήριον ὃ ἐγὼ πίνω πίεσθε, καὶ τὸ βάπτισμα ὃ ἐγὼ βαπτίζομαι βαπτισθήσεσθε· τὸ δὲ καθίσαί ἐκ δεξιῶν μου καὶ ἐξ εὐωνύμων οὐκ ἔστιν ἐμὸν δοῦναι, ἀλλ' οἷς ἠτοίμασται. Καὶ ἀκούσαντες οἱ δέκα ἤρξαντο ἀγανακτεῖν περὶ Ἰακώβου καὶ Ἰωάννου. ὁ δὲ Ἰησοῦς προσκαλεσάμενος αὐτοὺς λέγει αὐτοῖς· οἶδατε ὅτι οἱ δοκοῦντες ἄρχειν τῶν ἐθνῶν κατακυριεύουσιν αὐτῶν καὶ οἱ μεγάλοι αὐτῶν κατεξουσιάζουσιν αὐτῶν· οὐχ οὕτω δὲ ἔσται ἐν ὑμῖν, ἀλλ' ὃς ἐὰν θέλη γενέσθαι μέγας ἐν ὑμῖν, ἔσται ὑμῶν διάκονος, καὶ ὃς ἐὰν θέλη ὑμῶν γενέσθαι πρῶτος, ἔσται πάντων δοῦλος· καὶ γὰρ ὁ υἱὸς τοῦ ἀνθρώπου οὐκ ἦλθε διακονηθῆναι, ἀλλὰ διακονῆσαι, καὶ δοῦναι τὴν ψυχὴν αὐτοῦ λύτρον ἀντὶ πολλῶν.

Ministry News & Updates

ADULT SPIRITUAL ENRICHMENT and YOUTH CATECHISM Continue TODAY - No classes on Palm Sunday or Pascha. Classes will resume on May 12.

Little Lambs continues to meet in their classroom after Holy Communion and the 1st and 3rd Thursdays of the month.

Choir Rehearsal TODAY, Sunday, April 21 from 11:30 a.m. - 12:30 p.m. - we will focus on Palm Sunday special hymns and Lamentations - are you planning to attend? **Men's Choir Rehearsal** will be in Saturday, April 27 after the Divine Liturgy.

Bible Study will continue on Thurs. April 25 at 10:30 a.m. in the Parish Conference. We are studying the Book of Revelations.

Please Remember Fr. Constantine or Fr. Kyriakos will never ask for gift cards or assistance via email or text messaging. If you receive a text or email from someone claiming to be Fr. Constantine or Fr. Kyriakos asking for assistance, please call the office and do not respond.

Senior Outreach Ministry - Are you a caregiver or responsible for an aging adult whose needs are changing? Are you struggling through the process? Have you wondered what skilled nursing, assisted living, rehab and home health care really mean? Are you approaching retirement and confused about healthcare, long term care, downsizing or health insurance options? Do you wonder what documents you should have to protect yourself or your loved one? Do you know what "aging in place" is and what Hospice care involves? The Senior Outreach Ministry is all about finding answers to questions and understanding resources. Guidance exists for you at Holy Trinity. If you have wanted confidential help through the healthcare maze, please reach out!! Chris Rothenberger, M.Ed., Social Worker Consultant, Senior Outreach Director at HTGOC Crothenberger@cfl.rr.com, 407-765-1770

Good Samaritan Bags are back! Grab one in the Narthex before you leave!

Byzantine Chant 101 Classes Coming Soon! - We are hoping to start a Byzantine Chant 101 class with Sister Miriam who has recently joined our community. Classes will start most likely after Pascha. If you have any interest in learning how to chant, please email frkyriakos@htgocorlando.org.

Holy Friday Myrofores (Myrhhbearers) Needed - If your daughter is in 3rd - 6th grade and wishes to participate as a Myrofora on Holy Friday evening, please email Irene Sorich at isorich713@gmail.com. Your daughter will need a white dress and white shoes and meet in the Narthex at 6:30 p.m. on Holy Friday, May 3.

COMMUNITY PASCHA CARDS - LAST SUNDAY TO DONATE, April 21 - Send a kid to St. Stephen's Summer camp by donating to the Community Pascha Cards. Your donation will place your name in our community Pascha Cards which will be sent out to the entire HTGOC Community and will help sponsor a child for St. Stephen's Summer Camp. GOYA will be selling cards in the foyer of Coffee Hour.

PHILOPTOCHOS Lenten & Pascha Flower Update

Pick Up Your Spanakopites, Tiropites and Tsourekia TODAY

The Ladies Philoptochos would like to thank everyone for their generosity in donating to the adornment of our church during this holy season. There are only 8 arrangements remaining for donation:

PALM SUNDAY-PALM FRONDS \$250.00

ASCENSION-ARCH FOR CHRIST ICON ON THE ICONOSTASION \$360.00

HOLY FRIDAY-KOUVOUKLION-6 OF 8 BOUQUETS LEFT \$400.00 EACH

Please contact the Front Office to donate towards these remaining arrangements. We are also gratefully accepting donations of any amount towards these 8 remaining arrangements and for the miscellaneous supplies necessary to complete the decorating of the church for Holy Lent and Pascha.

FOR THESE SPECIAL FLORAL DONATIONS AND ALL LENTEN FLOWER DONATIONS,
PLEASE MAKE CHECKS PAYABLE TO:

PHILOPTOCHOS AND IN THE MEMO: PASCHA FLOWERS.

FOR CREDIT CARD DONATIONS, CONTACT STELLA SIRKS

AT 407-963-5959

Calling ALL YOUTH AND FAMILIES

Saturday of Lazarus, April 27, 2024

Orthros 9:00 a.m.

Divine Liturgy 10:00 a.m.

Join us for Palm Cross
Folding and Breakfast in
the Aegean Hall



GRADUATE SUNDAY MAY 19, 2024

Are you or a loved one graduating from High School, College, or Graduate School? Please email a short bio, where they are graduating from, what their future plans are, and a photo we can place in the bulletin. Email all information to Frkyriakos@htgocorlando.org. Deadline is May 6, 2024.

COFFEE FELLOWSHIP NEEDS YOUR HELP

We want to continue to offer Coffee Fellowship for everyone after the Divine Liturgy but we need your help. Please contact Adam Karras at ellinas1@verizon.net to help or utilize our Sign Up Genius to help on Sundays by using the QR code here. The church provides everything all we need is the help.



NEW: Holy Trinity Outreach Ministry (An Arm of the Holy Trinity Missions' Ministry)

Love thy Neighbor through our Monthly Community Outreach

We have partnered with the Church of the Good Sheperd in Maitland to assist in distributing food they have obtained from the Second Harvest Food Bank. The Food Bank is open every 2nd and 4th Saturday of the Month from 9am - 12pm. We will be assisting with packing grocery boxes/bags and adding additional frozen and refrigerated foods to the bags to be distributed to cars as they drive up to the distribution line. There are several jobs that are needed, shoppers, packers, distribution, and runners. This is a family friendly event.

Where: 331 Lake Ave, Maitland, FL 32751, US

Our next date is: May 11, 2024

What to expect: A rewarding experience!

To Volunteer: Scan our QR code to sign up and find more instructions.

Questions: Head to the table in the Agape Ballroom Foyer and speak with Aarin Fotopoulos.



SCAN ME

Local Youth Scholarship Opportunities

AHEPA Scholarship - The Orlando Chapter of AHEPA solicits scholarship applications from students accepted for admission and/or enrolled in an academically accredited college, university, or technical school. For eligibility requirements and submission guidelines please visit the chapter's website (www.orlandoahepa.com/scholarship/) or contact Yiorgos Bakamitsos (bakamitsos@gmail.com).

Dion Raftopoulos Award 2024 – This scholarship is for Graduating High School Seniors. The scholarship of \$1,400 is awarded with a preference towards an applicant with a musical background but is not required to apply. Please go to <https://www.htgocorlando.org/youthscholarships> to download the application. Completed applications need to be emailed to mail@htgocorlando.org by May 5, 2024.

Daughters of Penelope, Pelon Chapter #169 Scholarship Award - The Daughters of Penelope will be awarding a \$1,000.00 scholarship this year to a female student from our church who will be attending college or technical school in the fall. Please go to <https://www.htgocorlando.org/youthscholarships> to download the application. The deadline to apply is May 1, 2024.

EZAir Solutions Scholarship for the Trades 2024 – Trades are the backbone of a thriving community, ensuring essential services and infrastructure. To encourage and empower graduating High School seniors with a passion for the trades, EZAir Solutions is excited to announce a \$1,000 scholarship opportunity to support the next generation of trades professionals. Please go to <https://www.htgocorlando.org/youthscholarships> to download the application. Completed applications need to be emailed to scholarship@ezairsolutions.com by May 8, 2024

Holy Trinity Philoptochos will be awarding a \$1,000 scholarship to a graduating students who will be attending college or trade school in the fall. Please go to <https://www.htgocorlando.org/youthscholarships> for application and qualifications.

Vacation Bible School 2024

Register Now

<https://www.htgocorlando.org/vacation-bible-school>



June 3-6: 4:30 p.m. - 8:00 p.m.
Pre-K, 4 years old, - 5th Graders for the 2023-
2024 School Year.
FREE TO ATTEND



GOYA LOCK-IN

April 26-27, 2024

Here at Holy Trinity

All GOYANS 6th to 12th Grade are invited for an overnight lock-in to prepare for Holy Week.

Spiritual Discussions and Manhunt highly likely. Liturgy and Palm Folding on Saturday morning!

More details to come. Contact Fr. Kyriakos at frkyriakos@htgocorlando.org.

DEADLINE TO REGISTER:

April 24, 2024



HOPE & JOY

PRESENTS

**JOURNEY
THROUGH
HOLY WEEK**

PALM SUNDAY
APRIL 28, 2024
CLASSROOMS

LESSONS ON HOLY WEEK
Q&A WITH FR. KYRIAKOS
ARTS & CRAFTS

Following Divine Liturgy & Luncheon

RSVP | NIKI.FRIEDMAN@YAHOO.COM

BFA Cranium Chronicles Continue



**Brain Fitness
Academy**

What do you think performing the macarena in reverse and saying the alphabet backwards have in common? Answer: Improving focus, speed of processing, concentration, and sequencing! Try it, you'll see!

It's been a filled 2 weeks with more discussion about gratitude, challenging brain games, trivia, and more recently painting abstract designs and color blocking. The painting activity took us out of our comfort zone and after a few questions, everyone accepted the challenge of creating something "abstract". Lovely and colorful designs were the result that even delayed lunchtime!

Many thanks to Jeanine B., Elaine H., Callie H., and Elena K. for their generous help and availability each time we meet! One thing we can count on in Brain Fitness is laughter!

Join us to welcome His Grace Bishop Sevastianos of Zelon on Holy Thursday

His Grace will be joining us for the Service of the 12 Gospels at 5:15 p.m. on Thursday, May 2. Join us for this powerful service and to be with His Grace.



Palm Sunday Luncheon



April 28, 2024

Sponsored by Philoptochos

Sunday, April 21 Last

make your reservations during Coffee Hour at the Philoptochos table in the Foyer.

Day to Purchase

\$20 FOR ADULTS (12 AND UP)

Baked Fish

Oven Baked Potatoes

Beets, Skordalia, and Salad

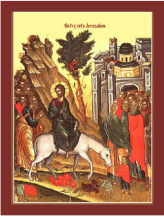
Dessert

Beverage

\$12 FOR CHILDREN (4-11 YRS OLD)

3 AND UNDER ARE FREE!

WORSHIP SCHEDULE FOR HOLY WEEK 2024

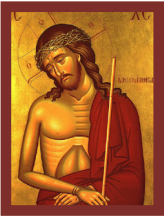


PALM SUNDAY - APRIL 28, 2024

8:15 AM- Orthros

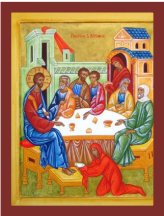
9:30 AM- Divine Liturgy

6:00 PM- Bridegroom Service (Orthros)



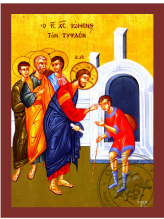
HOLY MONDAY - APRIL 29, 2024

6:00 PM- Bridegroom Service (Orthros)



HOLY TUESDAY - APRIL 30, 2024

6:00 PM- Bridegroom Service (Orthros)



HOLY WEDNESDAY - MAY 1, 2024

6:00 PM- Holy Unction Service



HOLY THURSDAY - MAY 2, 2024 - BISHOP SEVASTIANOS PRESIDING

9:00 AM- Vespereal Liturgy (Commemorating the Institution of the Eucharist)

5:15 PM- Crucifixion- Service of the Twelve Gospels (Orthros)



HOLY FRIDAY - MAY 3, 2024

9:00 AM- Royal Hours of Pascha

3:00 PM- Descent from the Cross- Apokathelosis (Vespers)

7:00 PM- Lamentations (Orthros)



HOLY SATURDAY - MAY 4, 2024

9:00 AM- Protianastasi (Vespereal Liturgy)

11:15 PM- Resurrection Service and Divine Liturgy



GREAT AND HOLY PASCHA- MAY 5, 2024

11:00 AM- Agape Vespers

12:00 PM- Pascha Glendi

Come join us to celebrate the traditional...

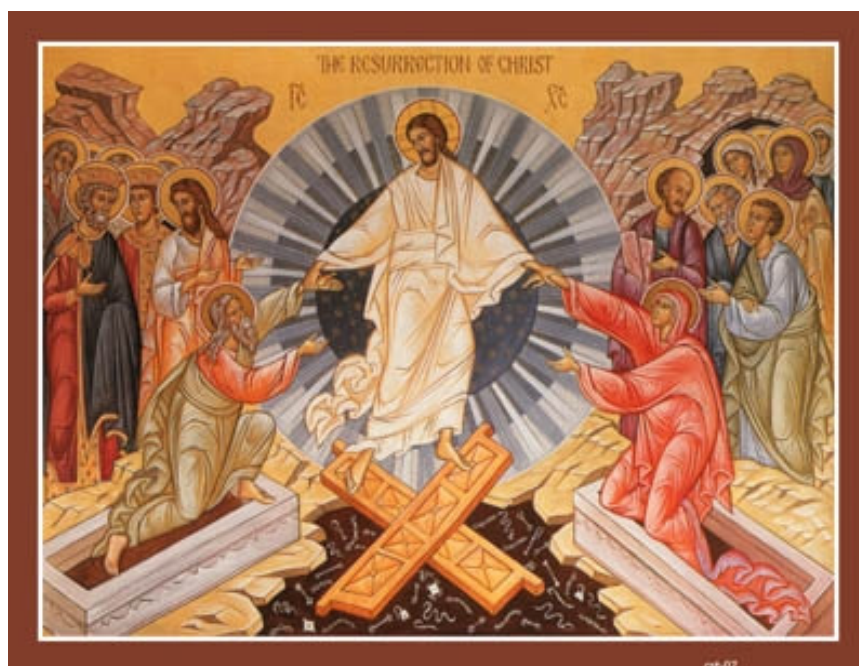
HOLY TRINITY GREEK ORTHODOX CHURCH
ANNUAL FAMILY PASCHA
GLENDEI & PICNIC
MAY 5, 2024

Agape Service 11:00 a.m. ~ 12:00 p.m.

Picnic in the pavilion ~ Food will be served from 1:00 p.m. - 3:00 p.m.

Lunch and dessert! Entertainment! Dancing! Kid's Games! Egg Hunt!

Bring your family and friends!



We lovingly invite you to join us with tickets available on a **donation** basis. Please note that a ticket is necessary to enjoy the delightful food we'll have on offer. For a more personalized experience, we encourage you to select your seating upon reserving your tickets. For reservations made after Sunday, April 21, seating will be arranged in our cozy general seating area. We're excited to welcome up to 650 guests for this special occasion, with tickets offered on a heartfelt first-come, first-served basis. Come to the table in the foyer following the Divine Liturgy to reserve your tickets. For information, call or text Christian Chicles at 407-257-1492.

**For further information after April 21, call 407-331-4687
or mail@htgocorlando.org.**

Memorial Garden Crosses



2022 Actual Photo

In Memory of your departed loved ones.

The Crosses will be on display during Holy Week
In front of the New Prayer Garden by the covered walkway.

Please fill out an order form and return to or call:

Stella Sirks - 407-963-5959



Sunday, April 21 Last
Day to Purchase
Sponsored by P. Pilontochos

TO OUR VISITORS AND GUESTS

We welcome you to worship with us this morning!

Thank you for joining us!

Unfortunately, one of the sad consequences of the divisions among Christians is that we cannot offer the Eucharist (Holy Communion) to anyone except Orthodox Christians in good moral standing with beliefs and practices of the Orthodox Church. Orthodox Christians believe that the Eucharist is a final sign of unity among all Christians and not a means by which unity is achieved. We invite you to share in the Antidoron (Blessed Bread) that is distributed at the conclusion of the Divine Liturgy.