

HOLY TRINITY GREEK ORTHODOX CHURCH

Reverend Father Constantine Simeonidis Proistamenos

Reverend Father Kyriakos Hambos Ephemerios

Orthros 8:15 a.m.; Divine Liturgy 9:30 a.m.

March 17, 2024 - Forgiveness Sunday (Cheesefare)

Alexis the Man of God; Paul the Righteous Martyr; Patrick the Enlightener of Ireland; Marinos the Martyr; Theocteristos the Confessor

Matins Gospel: John 20:11-18

Ἑωθινόν: Κατὰ Ἰωάννην 20:11-18

Epistle Reading: Romans 13:11-14; 14:1-4

Ἀπόστολος: Πρὸς Ῥωμαίους 13:11-14, 14:1-4

Gospel Reading: Matthew 6:14-21

Εὐαγγέλιον: Κατὰ Ματθαῖον 6:14-21

HYMNS FOR THE SMALL ENTRANCE

Resurrectional Apolytikion: Mode pl. 4

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You!

Entrance Hymn: Mode 2

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Resurrectional Apolytikion: Repeated

Apolytikion of the Church: Mode pl. 4

Blessed are You, O Christ our God,* who made fishermen all wise,* by sending down upon them the Holy Spirit,* and through them,* drawing all the world into Your net.* O Lover of mankind, glory to You.

Kontakion: Mode pl. 2

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Special Services this Week: Sunday, March 17, Forgiveness Vespers 6:00 p.m.; Monday, March 18, Great Compline 5:30 p.m.; Wednesday, March 20, Pre-Sanctified Liturgy 6:00 p.m.; Friday, March 22, Salutations to the Theotokos 6:00 p.m., Saturday, March 23, Saturday of the Souls, Orthros 9:30 a.m., Divine Liturgy 10:00 a.m.,

THE EPISTLE READING

Prokeimenon. Mode Plagal 4

Psalms 75.11,1

Make your vows to the Lord our God
and perform them. Verse: God is
known in Judah; his name is great in
Israel.

Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Ὁ ΑΠΟΣΤΟΛΟΣ

Προκείμενον. Ἦχος πλ. δ'

ΨΑΛΜΟΙ 75.11,1

Εὐξασθε καὶ ἀπόδοτε Κυρίῳ τῷ
Θεῷ ἡμῶν. Στίχ. Γνωστὸς ἐν τῇ
Ἰουδαίᾳ ὁ Θεός, ἐν τῷ Ἰσραὴλ μέγα
τὸ ὄνομα αὐτοῦ.

Πρὸς Ῥωμαίους 13:11-14, 14:1-4

Ἀδελφοί, νῦν ἐγγύτερον ἡμῶν ἢ σωτηρία ἢ ὅτε ἐπιστεύσαμεν. Ἡ νῦν προέκοψεν, ἡ δὲ ἡμέρα ἤγγικεν· ἀποθώμεθα οὖν τὰ ἔργα τοῦ σκότους, καὶ ἐνδυσώμεθα τὰ ὅπλα τοῦ φωτός. Ὡς ἐν ἡμέρᾳ, εὐσχημόνως περιπατήσωμεν, μὴ κώμοις καὶ μέθαις, μὴ κοίταις καὶ ἀσελγείαις, μὴ ἔριδι καὶ ζήλῳ. Ἀλλ' ἐνδύσασθε τὸν κύριον Ἰησοῦν Χριστόν, καὶ τῆς σαρκὸς πρόνοιαν μὴ ποιῆσθε, εἰς ἐπιθυμίας. Τὸν δὲ ἀσθενοῦντα τῇ πίστει προσλαμβάνεσθε, μὴ εἰς διακρίσεις διαλογισμῶν. Ὃς μὲν πιστεύει φαγεῖν πάντα, ὁ δὲ ἀσθενῶν λάχανα ἐσθίει. Ὁ ἐσθίων τὸν μὴ ἐσθίοντα μὴ ἐξουθενεῖτω, καὶ ὁ μὴ ἐσθίων τὸν ἐσθίοντα μὴ κρινέτω· ὁ θεὸς γὰρ αὐτὸν προσελάβετο. Σὺ τίς εἶ ὁ κρίνων ἀλλότριον οἰκέτην; Τῷ ἰδίῳ κυρίῳ στήκει ἢ πίπτει. Σταθήσεται δέ· δυνατὸς γάρ ἐστιν ὁ θεὸς στήσαι αὐτόν.

THE GOSPEL READING

Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Κατὰ Ματθαῖον 6:14-21

Εἶπεν ὁ Κύριος· Ἐὰν γὰρ ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, ἀφήσει καὶ ὑμῖν ὁ πατήρ ὑμῶν ὁ οὐράνιος· ἐὰν δὲ μὴ ἀφῆτε τοῖς ἀνθρώποις τὰ παραπτώματα αὐτῶν, οὐδὲ ὁ πατήρ ὑμῶν ἀφήσει τὰ παραπτώματα ὑμῶν. Ὅταν δὲ νηστεύητε, μὴ γίνεσθε ὥσπερ οἱ ὑποκριταὶ σκυθρωποὶ· ἀφανίζουσι γὰρ τὰ πρόσωπα αὐτῶν ὅπως φανῶσι τοῖς ἀνθρώποις νηστεύοντες· ἀμὴν λέγω ὑμῖν ὅτι ἀπέχουσι τὸν μισθὸν αὐτῶν. σὺ δὲ νηστεύων ἄλειψαί σου τὴν κεφαλὴν καὶ τὸ πρόσωπόν σου νίψαι, ὅπως μὴ φανῇς τοῖς ἀνθρώποις νηστεύων, ἀλλὰ τῷ πατρί σου τῷ ἐν τῷ κρυπτῷ, καὶ ὁ πατήρ σου ὁ βλέπων ἐν τῷ κρυπτῷ ἀποδώσει σοι ἐν τῷ φανερῷ. Μὴ θησαυρίζετε ὑμῖν θησαυροὺς ἐπὶ τῆς γῆς, ὅπου σῆς καὶ βρῶσις ἀφανίζει, καὶ ὅπου κλέπται διορύσσουσι καὶ κλέπτουσι· θησαυρίζετε δὲ ὑμῖν θησαυροὺς ἐν οὐρανῷ, ὅπου οὔτε σῆς οὔτε βρῶσις ἀφανίζει, καὶ ὅπου κλέπται οὐ διορύσσουσιν οὐδὲ κλέπτουσιν· ὅπου γάρ ἐστιν ὁ θησαυρὸς ὑμῶν, ἐκεῖ ἔσται καὶ ἡ καρδία ὑμῶν.

Ministry News & Updates

ADULT SPIRITUAL ENRICHMENT and YOUTH CATECHISM continue TODAY

Hellenic Dance continues today, Sunday, March 17 - If you are interesting in joining our award winning Hellenic Dance program, please contact Venetta Jones at herrra40@hotmail.com.

Orthodoxy 101 will continue on Monday, March 18 at 6:00 p.m. - This class is offered for those seeking to come into the Orthodox Church and as a refresher for those already Orthodox. Please contact Fr. Kyriakos if you would like to attend.

Bible Study will continue on Thurs. March 21 at 10:30 a.m. in the Parish Council Meeting Room. We are studying the Book of Revelations.

Please Remember Fr. Constantine or Fr. Kyriakos will never ask for gift cards or assistance via email or text messaging. If you receive a text or email from someone claiming to be Fr. Constantine or Fr. Kyriakos asking for assistance, please call the office and do not respond.

Senior Outreach Ministry - Are you a caregiver or responsible for an aging adult whose needs are changing? Are you struggling through the process? Have you wondered what skilled nursing, assisted living, rehab and home health care really mean? Are you approaching retirement and confused about healthcare, long term care, downsizing or health insurance options? Do you wonder what documents you should have to protect yourself or your loved one? Do you know what "aging in place" is and what Hospice care involves? The Senior Outreach Ministry is all about finding answers to questions and understanding resources. Guidance exists for you at Holy Trinity. If you have wanted confidential help through the healthcare maze, please reach out!! Chris Rothenberger, M.Ed., Social Worker Consultant, Senior Outreach Director at HTGOC Crothenberger@cfl.rr.com, 407-765-1770

Join us on Sunday, March 31 for our
Spring Parish Assembly
Grab a Cup of Coffee
and Join us in the
Agape Ballroom on
March 31

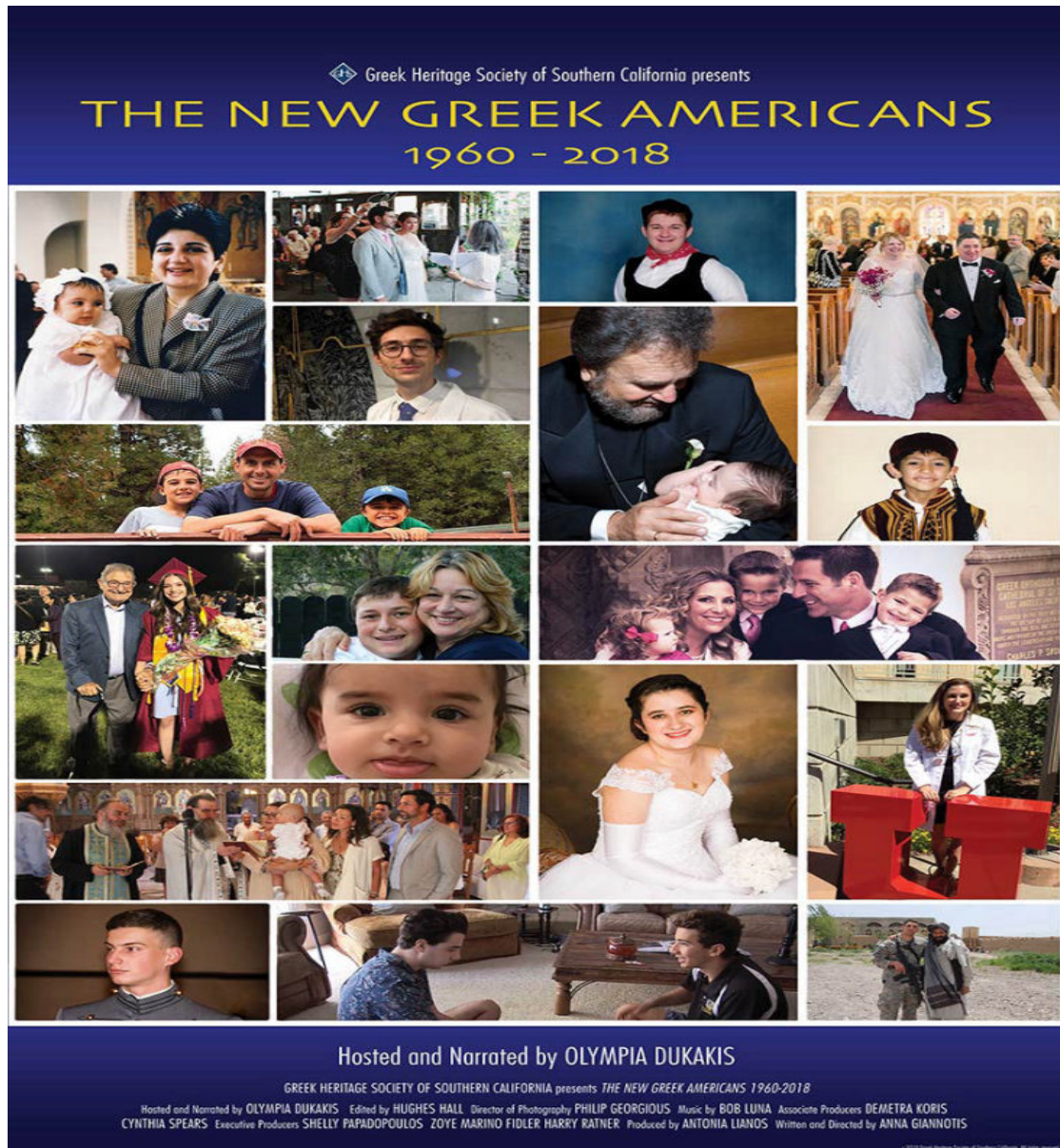


Happening Today in the Aegean Hall after Adult Spiritual Enrichment

The Holy Trinity Greek Orthodox Church of Greater Orlando

invites you to a screening of the acclaimed documentary

The New Greek Americans 1960-2018



SUNDAY, MARCH 17TH

The screening will take place during coffee hour following service

1217 Trinity Woods Lane, Maitland, FL

Local Youth Scholarship Opportunities

AHEPA Scholarship - The Orlando Chapter of AHEPA solicits scholarship applications from students accepted for admission and/or enrolled in an academically accredited college, university, or technical school. For eligibility requirements and submission guidelines please visit the chapter's website (www.orlandoahepa.com/scholarship/) or contact Yiorgos Bakamitsos (bakamitsos@gmail.com).

Dion Raftopoulos Award 2024 – This scholarship is for Graduating High School Seniors. The scholarship of \$1,400 is awarded with a preference towards an applicant with a musical background but is not required to apply. Please go to <https://www.htgocorlando.org/youthscholarships> to download the application. Completed applications need to be emailed to mail@htgocorlando.org by May 5, 2024.

Daughters of Penelope, Pelon Chapter #169 Scholarship Award - The Daughters of Penelope will be awarding a \$1,000.00 scholarship this year to a female student from our church who will be attending college or technical school in the fall. Please go to <https://www.htgocorlando.org/youthscholarships> to download the application. The deadline to apply is May 1, 2024.



**SUNDAY
MARCH 17**

GOYA

Sundae

FUN DAY!

AFTER YOUTH
CATECHISM IN
THE AEGEAN
HALL

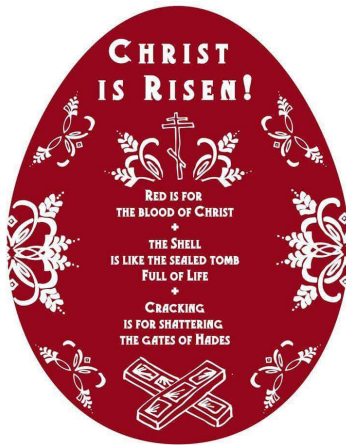
YUM!

We will be
playing an
Orthodox Trivia
game to prepare
us for Great
Lent

JOIN US FOR OUR
MARCH MEETING AND
CELEBRATE CHEESEFARE
SUNDAY WITH SOME
ICECREAM AND ALL
YOUR FAVORITE
TOPPINGS!



ORDER DEADLINE
MARCH 17



ORDER DEADLINE
MARCH 17

PASCHA APPETIZERS & TSOUREKIA

For Pascha, order these delicious tiropites and spanakopites and Traditional Tsourekia

PRESALES ARE STRONGLY RECOMMENDED
LIMITED SUPPLIES AVAILABLE DURING COFFEE HOUR

TIROPITES & SPANAKOPITES	QTY.	TOTAL
Tiropites 48/1 oz. Cheese Triangles/uncooked \$36/Tray	X_____	=\$_____
Spanakopites 48/1 oz. Spinach Triangles/uncooked \$36/Tray	X_____	=\$_____
Tiropites 24/3 oz. Cheese Triangles/uncooked \$38/Tray	X_____	=\$_____
Spanakopites 24/3 oz. Spinach Triangles/uncooked \$38/Tray	X_____	=\$_____

TOTAL APPETIZERS \$_____

PASCHA TSOUREKIA	QTY.	TOTAL
Tsourekia 1# - with Red Easter Egg	\$12/each X_____	=\$_____

PLACE YOUR ORDER AND MAKE PAYMENTS BY SUNDAY, MARCH 17.
PICK-UP DATES: SUNDAY, APRIL 21 AND SUNDAY APRIL 28.

TOTAL APPETIZERS \$_____
TOTAL TSOUREKIA \$_____
TOTAL PAYMENT ATTACHED \$_____

Name_____Phone_____Email_____

PLEASE CONTACT STELLA SIRKS AT 407-963-5959 OR SSIRKS@AOL.COM
TO PLACE ORDERS AND MAKE PAYMENTS.

****Check, Cash, or Credit Card payment MUST accompany your order form****

Make checks payable to "PHILOPTOCHOS"

Checks can be mailed to Stella Sirks at 10811 Dominico Street, Orlando, FL, 32825

GOYA PROJECTS IN LENT

FOOD DRIVE FOR SECOND HARVEST FOOD BANK: We will be collecting food for Second Harvest Food Shelter in the Narthex.

CLOTHING DRIVE FOR SALT OUTREACH INC: Men's shirts (L or XL), Pants or Shorts (30-36). SALT Outreach: (Service And Love Together) is a young adult led non-profit organization that serves the homeless population in Orlando & Central Florida. We will be collecting clothes for SALT Outreach Inc.. Please bring donations and place them in the baskets in the Narthex

COMMUNITY PASCHA CARDS: Send a kid to St. Stephen's Summer camp by donating to the Community Pascha Cards. Your donation will place your name in our community Pascha Cards which will be sent out to the entire HTGOC Community and will help sponsor a child for St. Stephen's Summer Camp. GOYA will be selling cards in the foyer of Coffee Hour every Sunday starting Sunday, March 17.



Society of Wisdom LENTEN LUNCH

Thursday, March 21 in the
Aegean Hall at 11:30 a.m.

Special Presentation by Fr. Kyriakos on the
Sundays of Lent

For reservations, please contact Luz Xikis
407-322-6787, Lula Vastardis 407-233-
4740 or Mary Mantzaris at 407-322-6958.
Reservations must be made by
March 18, 2024. Cost is \$12.

The background of the right section is a religious painting. It depicts the Virgin Mary holding the Christ Child, with the Christ Child's hands raised in blessing. Above them are two angels. The painting is set against a dark, textured background. The words "EXTREMIS" and "HUMILITY" are visible on either side of the central figures.

Floral Arrangements for Lent & Pascha Services

The arrangements listed below will be used during Great Lent, Holy Week, Pascha, The Ascension, and Pentecost. You may wish to donate towards one of these arrangements, in whole or in part. You may donate towards one of the items listed below or donate to the General Lenten/Pascha Flower Fund.

Your donation will enable Philoptochos to decorate His Church during the Lenten Season. Your contribution is *needed and greatly appreciated* to provide all the floral needs during this season.

- **FOUR SALUTATIONS TO THE THEOTOKOS AND THE AKATHIS HYMN ON SOLEA (5 Arrangements) \$175 EACH**
BANDALY & JANET AVDELLA, ELITE FLORAL & GIFT SHOPPE
- **SUNDAY OF THE HOLY CROSS Daffodils \$1000 THE HARBILAS FAMILY IN MEMORY OF PENNY**
- **ANNUNCIATION ICON IN THE NARTHEX \$100 ADAM, JOSEPHINE, & DEMETRA KARRAS**
- **ANNUNCIATION ICON STANDS ON SOLEA (2) \$100 EACH**
- **ANNUNCIATION FLOWERS FOR THE PANAGIA ON THE ICONOSTASION \$360 PETER & LISA CARELLAS**
- **SATURDAY OF LAZARUS AND PALM SUNDAY MORNING IN THE NARTHEX \$100 MARY MANTZARIS**
- **SATURDAY OF LAZARUS AND PALM SUNDAY MORNING IN ON SOLEA (2) \$100 DAVID & MELANIE BROCK**
- **PALM SUNDAY PALM CROSSES \$250 SUSAN PFEIL**
- **PALM SUNDAY PALM FRONDS \$250**
- **PALM SUNDAY FLOWERS FOR CHRIST ICON ON THE ICONOSTASION \$360**
- **PALM SUNDAY FLOWERS FOR PANAGIA ON THE ICONOSTASION \$360 YOIT CALLAHAN**
- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) IN NARTHEX \$100 PANTELIS & LUZ XIKIS**
- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) ON SOLEA \$200**
- **BRIDEGROOM (SUNDAY, MONDAY & TUESDAY) SOLEA ICON STANDS (2) \$100 EACH JOHN & JEANINE BALLINGER**
- **MYSTICAL SUPPER (WEDNESDAY NIGHT & THURSDAY MORNING) IN NARTHEX \$100**
- **MYSTICAL SUPPER (WED. NIGHT & THURS. MORNING) SOLEA ICON STANDS (2) \$100 EACH GARY & DORA FRANCIS**
- **CRUCIFIXION (THURSDAY NIGHT & HOLY FRIDAY MORNING) IN NARTHEX \$100 NANCY NEWMAN**
- **CRUCIFIXION (THURSDAY NIGHT & HOLY FRIDAY MORNING) ICON STANDS (2) \$100 EACH BILL & LULA VASTARDIS**
- **CROSS ON SOLEA (ROSE WREATH ON CHRIST'S HEAD) \$300 BESS FRANCISCO**
- **HOLY FRIDAY NIGHT FLOWERS FOR THE KOUVOUKLION 8 BOUQUETS AT \$400 EACH THE RINKACS FAMILY (1 of 8);**
- **HOLY FRIDAY NIGHT KOUVOUKLION DOME \$650 EMANUEL & CALLIE ELLIOTT**
- **HOLY FRIDAY NIGHT FLOWERS FOR THE TRANSPORTABLE SMALL KOUVOUKLION \$700 EMANUEL & CALLIE ELLIOTT**
- **HOLY FRI. NIGHT, HOLY SAT. MORNING, & PASCHA ICON OF CHRIST IN THE TOMB NARTHEX \$100 CATHERINE JULIUS**
- **HOLY FRIDAY NIGHT, HOLY SATURDAY MORNING, & PASCHA ICON CHRIST IN THE TOMB ICON STANDS ON SOLEA (2) \$100 EACH NICK & ROSIE PAPAGIANNAKIS**
- **HOLY SATURDAY MORNING BAY LEAVES JIM AND STELLA SIRKS**
- **PASCHA & BRIGHT WEEK SEASONAL FLOWERS FOR SOLEA AND NARTHEX \$800**
- **PASCHA FLOWERS FOR CHRIST ICON ON THE ICONOSTASTION \$360 KIKI STECKEL**
- **PASCHA FLOWERS FOR PANAGIA ICON ON THE ICONOSTASTION \$360 KIKI STECKEL**
- **RESURRECTION BANNER (Saturday & Sunday) \$60 STELLA COKIAS & THE MCCLLOUD FAMILY**
- **ASCENSION FLOWERS FOR CHRIST ICON AND THE ICONOSTASION \$360**
- **ASCENSION ICON BOX IN NARTHEX \$100**
- **ASCENSION ICON BOXES ON SOLEA (2) \$100 EACH**
- **PENTECOST FLOWERS FOR CHRIST ICON AND THE ICONOSTASION \$360 THE DINOS CONSTANTINE FAMILY**
- **PENTECOST ICON BOX IN NARTHEX \$100**
- **PENTECOST ICON BOXES ON SOLEA (2) \$100 EACH**

Please contact the Front Office to donate towards an arrangement.

FOR THESE SPECIAL FLORAL DONATIONS AND ALL LENTEN FLOWER DONATIONS, PLEASE MAKE CHECKS PAYABLE TO:

PHILOPTOCHOS AND IN THE MEMO: PASCHA FLOWERS

FOR CREDIT CARD DONATIONS, CONTACT STELLA SIRKS AT 407-963-5959

Mark Your Calendars

Great Lent begins on Monday, March 18

Forgiveness Vespers will be on Sunday, March 17 at 6:00 p.m.

LENTEN WORSHIP SCHEDULE 2024 starts on Monday, March 18

Join us as we prepare ourselves for the Resurrection of Christ!

Weekly Services include:

Mondays at 5:30 p.m. - Lenten Great Compline

Wednesdays at 6:00 p.m. - Lenten Presanctified Liturgy

Fridays at 6:00 p.m. - Salutations to the Theotokos

LENTEN DINNERS AFTER PRESANCTIFIED in the Agape Ballroom

Join us for food and fellowship sponsored by the ministries of Holy Trinity.










A Family Lenten Calendar is coming soon to help your family navigate Great & Holy Lent and find ways to make it a more meaningful experience for everyone.

10 Rules & Suggestions for Great Lent

1. Always be happy, pray all the time and be thankful for everything.
2. Keep praying.
3. Go to church services.
4. Repent!
5. Watch your health.
6. Eyes on your own plate.
7. Think less about food.
8. Do good for others.
9. Love people without pleasing people.
10. Follow Christ!

OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

BFA Cranium Chronicles Continue



**Brain Fitness
Academy**

It's been another full week at Brain Fitness Academy! We've worked on a variety of exercises that highlighted speed of processing and concentration. BFA Volunteers attended an interesting workshop on Music Therapy and strengthening of Memory and

Communication. Our speakers were outstanding professionals and it was a great way to spend a morning. Members of BFA participated in an informal fact finding discussion about dual citizenship and the pop up discussion about Greek long division was both interesting and confusing! Story writing and gratitude journaling continued, and games of trivia remain a hit. Won't you join us some Tuesday or Thursday morning by scheduling with Chris Rothenberger? Call 407-765-1770 (crothenberger@cfl.rr.com) More volunteers are welcome, and did we say we need your BUTTONS for our Tree of Life project?

Join us on Sunday, March 24 for a
Greek Independence Day Celebration in the
Agape Ballroom

March 24, 2024



Come watch our
very own Hellenic
Dancers Perform!

This event and special coffee hour
will be sponsored by the AHEPA,
Hellenic Academy, Hellenic Dance
and GOYA

Memorial Garden Crosses



2022 Actual Photo

In Memory of your departed loved ones.

The Crosses will be on display during Holy Week
In front of the New Prayer Garden by the covered walkway.

Please fill out an order form and return to or call:

Stella Sirks - 407-963-5959



ASAP with the deadline being April 21st

Sponsored by Philoptochos

Memorial Garden Crosses

SPONSORED BY
Philoptochos

Memorial Crosses \$20.00 ea.
(Please **PRINT** Name
Clearly in English)

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Names _____ @ \$20.00 ea.= \$ _____ Total
Print your name and telephone # if we have any questions:

THANK YOU FOR YOUR SUPPORT

Please Return to Dora Francis or Stella Sirks

Memorial Garden Crosses

SPONSORED BY
Philoptochos

Memorial Crosses \$20.00 ea.
(Please **PRINT** Name
Clearly in English)

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Names _____ @ \$20.00 ea.= \$ _____ Total
Print your name and telephone # if we have any questions:

THANK YOU FOR YOUR SUPPORT

Please Return to Dora Francis or Stella Sirks

Memorial Garden Crosses

SPONSORED BY
Philoptochos

Memorial Crosses \$20.00 ea.
(Please **PRINT** Name
Clearly in English)

Name _____

Name _____

Name _____

Name _____

Name _____

Name _____

Names _____ @ \$20.00 ea.= \$ _____ Total
Print your name and telephone # if we have any questions:

THANK YOU FOR YOUR SUPPORT

Please Return to Dora Francis or Stella Sirks



*Holy Trinity Philoptochos Society
Of Greater Orlando
1217 Trinity Woods Lane
Maitland, Florida, 32751
407-331-4687*

OUR MISSION: To promote Charitable, Benevolent and Philanthropic outreach to preserve the sanctity of life and family; to perpetuate and promote our Orthodox faith and traditions.

When Philoptochos sees pain and suffering, we strive to offer comfort.

When Philoptochos sees hunger, we aspire to give sustenance.

When Philoptochos sees despair, we seek to offer help.

MEMBERSHIP FROM 1/1/2024 TO 12/31/2024 \$40.00

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP CODE: _____

EMAIL: _____

TELEPHONE/CELL NUMBER: _____

BECOME A MEMBER: Send checks to:

Holy Trinity Greek Orthodox Church
C/O Philoptochos
1217 Trinity Woods Ln.
Maitland, Fl. 32751

Join the Daughters of Penelope for these 2 events:

Join us Sunday April 7th After Liturgy for the Daughters of Penelope Loukoumades/Frappe Sale to benefit our Scholarship Fund



Loukoumades \$5.00

Frappes \$3.00



Please join the Daughters of Penelope for a membership Tea on Sunday April 14th at 12:30 at the home of Kiki Constantine

*827 Bridgewater Circle
Maitland, FL 32751*

Please RSVP to Linda Winchester 407-919-8815

By April 10th

TO OUR VISITORS AND GUESTS

We welcome you to worship with us this morning!

Thank you for joining us!

Unfortunately, one of the sad consequences of the divisions among Christians is that we cannot offer the Eucharist (Holy Communion) to anyone except Orthodox Christians in good moral standing with beliefs and practices of the Orthodox Church. Orthodox Christians believe that the Eucharist is a final sign of unity among all Christians and not a means by which unity is achieved. We invite you to share in the Antidoron (Blessed Bread) that is distributed at the conclusion of the Divine Liturgy.